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Realtime Traffic over Cellular Access Networks
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Abstract

   The draft discusses problems with transport of realtime traffic over
   cellular access channels and their implications for protocol
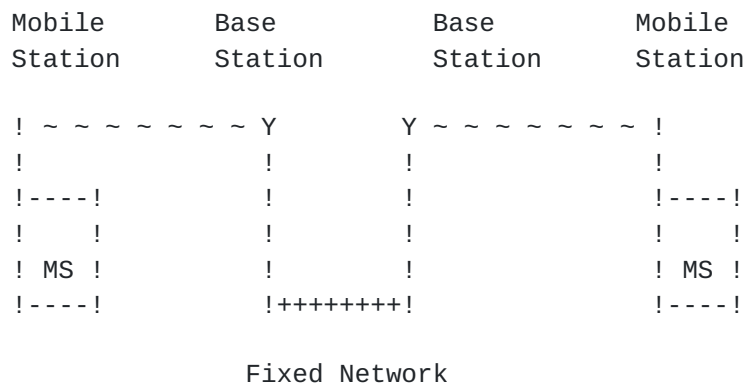   enhancements.

**[1](#). Realtime services over cellular access channels -
    background and motivation**

   Emerging realtime services in the Internet, such as VoIP (Voice over
   IP), impose new requirements on cellular access networks. Support for
   these new services in cellular access networks may be provided in a
   number of ways, ranging from interworking (e.g., terminating the IP
   protocols in the fixed network and using other optimized protocols
   over the cellular link) to transferring the IP packets end-to-end
   over the cellular links. Transferring the IP packets end-to-end
   allows the use of standard applications in the cellular terminal and
   is therefore an important alternative.

   Most of the work so far has been focused on transmission of best
   effort traffic over wireless and not on the time critical
   applications. End-to-end VoIP applications are possible to use in the
   new generation of cellular networks, but the efficiency of radio
   spectrum usage must be improved for such applications. Combining
   spectrum efficiency, high quality speech and short delay calls for
   new solutions.

   The usual way to transport the IP packets in a radio network is to
   use retransmissions over the radio link in order to obtain similar
   characteristics as in the fixed network. This, however, will cause
   long delays for speech, which in turn entails poor conversational
   quality. Instead we need to solve the problems arising in the radio
   network by enhance some parts of the protocol suite.

   The scenario we are considering is one where two mobile stations
   (MSs) are connected to a common fixed network through cellular links.


```
           Mobile          Base            Base            Mobile
           Station         Station         Station         Station

           ! ~ ~ ~ ~ ~ ~ ~ Y       Y ~ ~ ~ ~ ~ ~ ~ !
           !               !       !               !
           !----!          !       !               !----!
           !    !          !       !               !    !
           ! MS !          !       !               ! MS !
           !----!          !+++++++!               !----!

                      Fixed Network
```


   The mobile stations contain a Voice-Over-IP application and a full IP
   stack. The application generates audio, video and application-

specific session signaling, e.g., SIP/H.323. The audio/video is
transported over RTP/UDP/IP, while the application-specific signaling

uses TCP and/or UDP. The cellular access is treated as a layer 2 (L2)
network with functionality for optimizing the performance on the
cellular link.

In this document, we summarize some of the requirements on the layers
that must be met in order to achieve good speech quality and spectrum
efficiency when transferring IP packets transparently over the
cellular access. It should be noted that due to the spectrum cost of
the transparent solution, alternative solutions such as interworking
also deserve to be considered. Such solutions, however, are not
discussed in this draft.

It should also be pointed out that some of the problems with realtime
packets over cellular access might only be solvable with "wireless
aware" terminals, meaning that not only the link layers, but also the
IP stack must be "wireless aware". However, all terminals and
applications will not be "wireless aware". Interworking between the
two classes of terminals/applications can be solved by gateways in
the fixed network.

2. Cellular access performance and system cost

The cellular radio access puts tough requirements on end-to-end
packet transmission. Packet transmission over the cellular access is
typically constrained by two factors:

  - The high cost of cellular access links. Cellular bandwidth with
    high quality imposes high system cost.

  - The lossy link behavior. The radio network generates a high BER.
    If retransmission over the radio link is not used, the BER may
    be in the order of 10e-3.

2.1. System Cost - Selection of BER for the radio link

In wireless systems there is a close relationship between the BER and
the SNR (signal-to-noise ratio) of the radio channel. Furthermore,
the required SNR (corresponding to a selected BER requirement) can be
directly related to the system capacity, i.e. the number of users per
cell. Fewer users result in lower income, which in the end result in
higher system cost.

The cellular access network has wide area coverage and if the service
requires more spectrum, the whole network capacity will be affected
due to the mobility of the users. A poor spectrum usage for Voice
over IP will cause much more cost for hardware in base stations than

other more optimized services e.g. circuit switched voice.

Another important factor is the cost of the spectrum itself. The
spectrum is a limited resource and is licensed by the cellular
operator. The cost for licensed RF-spectrum is estimated to be 30%
[18] of the total operating cost and therefore represents a
significant cost for the cellular operator.

A typical circuit switched voice service requires a target BER of
10e-3. If the BER requirement is changed from 10e-3 to 10e-6, this
might result in a decreased spectrum efficiency of 25-50%, depending
on the type of cellular system and the underlying radio conditions.
This will increase system costs significantly. An efficient use of
the spectrum resource is crucial.

2.2. Lossy links - Design of link layer protocol based on radio
                   requirements

If the radio link characteristics are not considered in the link
layer design, the services will be more costly, or the performance in
terms of speech quality will be poor. The design of current protocols
is based on the transmission characteristics of fixed networks, so
these are not well suited to the radio requirements. A good trade-off
between the requirements of transmission (BER and packet loss) and
the design of the protocols is crucial.

The quality in a radio system (expressed for instance as the BER)
typically changes from one 20 ms radio frame to another due to fading
in the radio channel. For example, in a cellular system where the
target BER has been set to 10e-3, the BER might vary, roughly
speaking, from 10e-4 to 10e-2. However, the average BER will equal
the target BER. Thus, for the system capacity to remain unaffected,
the link layer protocols and speech coders must tolerate that the BER
exceeds the BER target for limited periods of time.

Another important aspect is the long round-trip time (RTT). Even if
we use channels without retransmission over the radio link, the
unidirectional delay might be important to consider for some link
layer functions, such as header compression.

Delay in cellular systems is caused by several reasons. Forward Error
Correction (FEC) and interleaving are used to increase the radio
channel performance. A typical cellular radio channel gives, without
any improvements, approximately 10% BER. With interleaving and FEC,
the radio channel can provide the proper channel performance (as
discussed above) for the service. But this introduces a fixed delay
for the channel. In some cellular systems, the algorithmic channel
RTT-delay is in the order of 80ms.

Other sources of delay are DSP-processing, node internal delay and
transmission. In all cellular system, the overall delay budget is

   optimized to achieve optimal performance for service quality and
   spectrum efficiency.

   It is difficult to state a generally valid value for the RTT. Some
   RTT figures (e.g. 200 ms) are mentioned in [16], but the delay might
   be shorter for the case of radio channels optimized for real-time,
   100-200 ms if the speech coding is excluded. One may compare the RTT
   (Mobile->PSTN-GW->Mobile) for circuit switched speech, with the
   "long-term objective value" which is stated to be less than 180 ms
   for GSM-FR (GSM full-rate speech codec) in [17].

3. Transport of realtime IP flows over cellular

   We summarize the problems of transporting realtime packets over
   cellular links and the implications of these problems for protocol
   enhancements in wireless transmission.

3.1. Layer 2 enhancements for realtime traffic

   To efficiently transfer audio and video streams over the radio
   channels, these flows should be identified and de-multiplexed.
   Identification of realtime flows could be carried out by heuristic
   rules, as proposed in [12]. One of the problems is that the radio
   channels still need to be adapted to the characteristics of the
   compressed information. The BER assignment might be different for
   audio and video. We might also differentiate the redundancy coding of
   the compressed payload, something that requires a detailed knowledge
   of the payload.

   Therefore, for RTP flows that have dynamically assigned payload type
   indicator (PTI) values [13], the identification of codec type is
   important in order to allow simple layer 2 identification of the
   compressed payload type.

   Apart from the problems of transporting the payload, we also have to
   perform optimization of the protocol headers [14] for real-time
   traffic. One of the major problems here is that the compression
   algorithm must work well in the radio environment with its link
   delay, and also be resistant to bit errors. The current header
   compression scheme [14] is sensitive to bit errors, as is shown in
   [15].

3.2. **Transport of audio over cellular**

3.2.1. **Properties of speech codecs designed for cellular networks**

   A cellular access link is very lossy and expensive compared to fixed
   lines. Furthermore telephony is a real-time service where
   retransmissions should be avoided. Thus the speech decoder should
   receive not only error-free speech frames but also frames with errors
   [1]. If all erroneous speech frames are dropped, the frame error rate
   (FER) will be high. With a high FER, it is not possible to produce
   speech with an acceptable quality. In cellular telephony systems,
   this problem is overcome by delivering all frames to the speech
   decoder, regardless of bit errors.

   The sensitivity to errors varies widely between different bits in a
   frame of encoded speech. High error sensitivity means that an error
   in that bit results in a severe degradation in speech quality. In
   most cellular speech codecs for 2nd generation mobile systems (GSM,
   TDMA or PDC), the bits are divided into three classes: 1a, 1b and 2.
   Class 1a (the most sensitive bits) and 1b (medium sensitive bits) are
   protected by convolutional coding. Class 1a bits are in addition
   covered by a CRC. Class 2 bits (the least sensitive bits) are not
   protected at all. This scheme results in a reduced FER, since a frame
   is considered erroneous only if there are errors in the class 1a bits
   (which on average amount to one third of the total number of bits).
   On the other hand, the scheme also leaves undetected residual errors
   in class 1b and class 2. However, it is better, from a speech quality
   point of view, to allow some errors in these bits than to discard the
   whole frame as soon as bit errors occur, and let the ECU (see 3.2.2
   below) reconstruct the frame [2][3][4].

3.2.2. **Error Concealment Unit (ECU)**

   If the CRC for the class 1a bits is corrupt, there are severe errors
   in the speech frame, which probably would give rise to annoying
   distortions. The frame is therefore discarded, and instead the speech
   decoder generates artificial speech that closely resembles that of
   the previous frames. In this way the decoder attempts to mask the
   distortion. The component carrying out this task is called the error
   concealment unit (ECU). The ECU reconstructs the frame based on the
   corrupt version of it that was received as well as the last good
   frame. Using the bad frame itself increases the speech quality if the
   number of damaged bits in the frame is not too high.

   In most speech coders with a 20 ms frame size, the ECU is a state
   machine with 6 states. When several consecutive lost/bad frames are

encountered, the ECU proceeds to the next state for each new frame
(until it reaches state 6). The amplitude of the generated speech is

gradually reduced in the states, and in state 6, the speech is
completely muted.

If the decoder receives a good frame when the ECU is in state 1-5, it
immediately switches back to normal decoding mode. If the ECU is in
state 6 when a good frame is received, the decoder awaits the next
frame. If this frame is also good, the decoder switches back to
normal decoding mode, otherwise it remains in state 6. This feature
is added to eliminate sound spikes when recovering from a long
sequence of lost/bad frames. It also mitigates the effects of
residual bit errors in the class 1a bits.

3.2.3.   **Adaptive buffer management**

In order to minimize the end-to-end delay, an adaptive buffer manager
(ABM) is useful, another term is adaptive play-out buffer. The
function of the adaptive buffer manager is to change the buffer size
in order to allow as many packets as possible to reach the speech
decoder in time, while keeping the buffering delay to a minimum.

To achieve good performance, the ABM should treat the packets with
bit errors in the payload as normal packets, not as late packets.
Otherwise, the buffer size might be larger than necessary.

3.3.   **Transport of Video**

The transport of compressed video, intended for conversational
services (i.e., videophone) over cellular links, entails some unique
requirements. One is that, delay must be kept under strict control.
Cellular links also have other error characteristics than fixed
networks, something that may cause problems.

One way to fulfil the requirements (real-time and limited delay) is
to allow bit errors in the payload in the same way as for speech.
Errors in the payload are of course not permissible for all type of
packets, and not even for all video streams. However, a number of
existing video compression standards (e.g. H.263 and MPEG4) have
error-resilient modes that facilitate resynchronization of the
decoder and improves performance on parts with errors in them.

3.3.1.   **Conversational video in a wireless environment**

Wireless channels have high bit error rates. These high bit error
rates will result in requirements on retransmission, if all packets
delivered to the application must be error-free. This is not a good

solution for conversational applications, as was explained above.

There are, at least, two possible ways to implement a conversational
service over channels with high bit error rate. One is to use strong
forward error correction; another is to have an error-robust method
of video compression (usually called error-resilient source coding).
Many experiments (ITU, MPEG, ARIB, 3GPP) have shown that for a
wireless channel, error-resilient source coding [5] outperforms
methods using forward error correction codes.

[4]. Conclusions

Spectrum efficient transmission of audio and video packets is
extremely important in cellular access. Spectrum constitutes a
significant cost for the operator and must be considered in the
development of end-user services. To facilitate effective transport
of voice and video in a cellular system, some improvements of the IP
protocol suite are needed. Some of the changes are related to the
link layer and some to the behavior of RTP (real-time protocol).

The following improvements are identified:

- Simple identification of codec type in the link layer. The
  knowledge of codec type enables enhancement of the performance
  over the wireless link.

- BER-resistant header compression algorithm for RTP/UDP/IP. The
  header compression algorithm also has to work well in an
  environment with long round-trip delays.

- No dropped packets due to bit errors in the payload. The speech
  decoder and the buffer manager perform better if they can access
  all packets, also those that contain bit errors.

- Use of CRC for the most sensitive bits in the payload in order
  to detect bit errors. This improves the performance of the
  speech decoder.

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